

## Tentative Schedule; subject to change.

**8:00 AM – 8:30 AM**                      **Registration**  
(Biltmore Hotel Galley-- South Building)  
Exhibits: Atrium  
Vote for OCA President Elect-Elect & OCA Treasurer

**8:30 AM – 8:45 AM**                      **Welcome and Introductions**  
OCA President: Ben Noah

**8:45 AM – 10:15 AM**  
**Keynote Address:**

**“Counseling Yesterday, Today, and Tomorrow”**  
**Dr. Locke will discuss some of the landmarks that have brought professional counselors to where they are today; the issues before the profession today; the efforts of the 20/20 Commission; and keys to the future for professional counselors.**

*Dr. Don Locke, EdD, LPC, American Counseling Association President*

1.5 CEU

**10:15 AM – 10:30 AM**                      **Break**

**Visit the Exhibits and Vote for OCA President-Elect-Elect & OCA Treasurer**

**Exhibitors: TBA**

**10:30 AM – 12:00 PM (Friday) BREAK OUT SESSIONS**

**“A Conversation with the Presidents”.**

**This graduate student session will allow further discussion of the future of the profession and offer students a chance to ask questions.**

Presenters: Don Locke EdD, LPC, ACA President & Ben Noah, PhD, LPC, NCC, NCCC, ACS,

Location: Quarter Horse Room

**“The History of Same-Sex Relationships” – This theoretical presentation is an account of gay, lesbian, and bisexual individuals from scholars and activist who have inquired, researched, and studied same-sex attraction. It examines the existence of gay, lesbian, and bisexual people in all societies through history and across cultures.**

Presenter: Donald Suggs, MS, LPC, NCC

Location: Morgan Horse Room 1.5 CEU

### **“Prolonged Exposure: Evidenced Based Therapy” –**

**Prolonged Exposure (PE) Therapy is highly effective therapy backed with strong science for PTSD. Participants in this program will learn about the rationale behind the therapy, the research, PE’s four primary components and real case examples.**

**Presenter: Arena Mueller PsyD, LPC, LCPC, CADC**

Location: Palomino Room 1.5 CEU

### **“Update: Current Issues and Trends Regarding Licensure Regulations”**

**Ms. West and the Board of Directors will discuss any changes or trends for licensure in the State of Oklahoma.**

**Presenters: Nena West, Licensure Administrator & LPC Advisory Board Members Bill Schiller PhD, LPC; Royce Caldron LPC; Laressa Beliele LPC; Sharon Davis, LPC; Paige Williams PhD, LPC, CRC**

**\*\*\*Ethics**

**Location: Appaloosa Room** 1.5 CEU

12:00 PM – 12:30 PM

Region Meetings

12:30 PM – 1:45 PM

OCA Awards Luncheon in the Atrium

Vote for OCA President Elect-Elect & OCA Treasurer

1:45 PM – 3:15 PM (Friday) BREAK OUT SESSIONS

**“Supervision Ethical Issues” This workshop is designed for LPC and LMFT supervisors. Understanding and negotiating the web of issues surrounding licensure supervision can be complex and frustrating. This training will discuss current issues involving limitation of practice and supervise growth, onsite and offsite supervision concerns, expanded Tarsoff information, and the myriad of issues involving supervision in the 21<sup>st</sup> century.**

**\*\*\*Supervision or Ethics: not both (TBC)**

**Presenter: Thom D. Balmer, PhD, LPC, LMFT**

Location: Quarter Horse Room 1.5 CEU

**“The Use of Sand Play in Therapy “– The sand tray is an apparatus that allows access to the inner world of the builder. This session will give the participants a general overview of the use of sand**

**play. The participants will gain insight into the impact of using sand in therapy.**

Presenters: Kevin Stansel, LPC & Mona Quaid, LPC

**Location: Morgan Horse Room** 1.5 CEU

**“Getting Prepared to See Our Returning Oklahoma Veterans“** This workshop will inform you regarding what issues you can expect from returning veterans and their family members. Diagnostic criteria, case studies, and the military culture will be discussed so you can be successful in meeting the needs of these clients.

Presenter: Paula Bonebrake, LPC

**Location: Palomino Room** 1.5 CEU

### **“Lobbying 101”**

This session will educate you about the Oklahoma Legislature and how it works. Learn about current legislation and what the political climate of Oklahoma will mean to OCA and its members. The session will teach you about a how a bill becomes law and how grassroots advocacy works. Presenter: Linda Murphy, OCA Legislative Lobbyist

**Location: Appaloosa Room)** 1.5 CEU

3:15 PM-3:30 PM Break

Visit Exhibits – Atrium

Vote President Elect-Elect & OCA Treasurer

3:30 PM– 5:00 PM (Friday) Break Out Sessions

### **“Counseling Christian Fundamentalists and Ex-Fundamentalists”**

This program will define Christian fundamentalism in broad terms and discuss methods of counseling fundamentalists and exiting fundamentalists. The presenters will offer some possible counseling techniques for this population and provide some cautions for counselors whose thinking is antithetical to a fundamentalist worldview.

Presenters: Oscar Miles, MA, NCC & Daniel J. Weigel, PhD, LPC, LADC, CCMHC, MAC, ACS, Associate Professor of Counseling

**Location: Appaloosa Room** 1.5 CEU

## **“Sexual Addiction”**

**This session will cover concepts of sexual addiction and sexual anorexia along with norms for healthy sexuality. The etiology of sexual addiction, controversies, core beliefs, and criteria for diagnosis, impact on the family, assessment, life style, and treatment issues will also be covered.**

Presenter: Richard Smith Med, LPC, NCC, NCSC

Location: Morgan Horse Room 1.5 CEU

## **“Navigating the System Now: Preparing for Counseling Military, Veterans, and Their Families “**

**Find out the latest information and “how-to’s” to be able to access the many ways to provide services to military veterans and their families. You will be shown how to be reimbursed or volunteer your time.**

Presenters: Georgene Dwyer, LPC & Paula Bonebrake, LPC

Location: Palomino Room 1.5 CEU

## **“Supervision Ethical Issues”**

**\*\*\* Supervision or Ethics (not both)**

Presenter: Thom D. Balmer, PhD, LPC, LMFT

Location: Quarter Horse Room 1.5 CEU

March 3, 2010 (Saturday)

### **Tentative schedule; subject to change**

**8:00 AM Registration Begins (Biltmore South Gallery)**

**8:00 AM – 8:45 AM Division Meetings**

***Quarter Horse Room:* OAMCD (Multicultural Counseling and Development)**

President: Teresa Huff-Garrett

***Palomino Room:* OSCA (Oklahoma School Counseling Association)**

President: Rebecca Barry

***Appaloosa Room:* OACES (Oklahoma Association of Counselor Educators and Supervisors) President: Kelly Dunbar**

***Morgan Room* OKMHCA (Oklahoma Mental Health Counseling Association) President: Phil Budd**

***Atrium/South End* OAAC (Oklahoma Association of Addiction Counselors)**

President: Delainna Percifield

*Atrium/North End*      OCCA (Oklahoma Christian Counseling Association)  
President: Kelly Collins

*South Galley/ East End*    OALTGBIC (Oklahoma Association of Lesbian,  
Transgendered Bisexual Counselors) President: Donnie Suggs

*South Galley/South End*    CAMOVAF (Counseling Association for Military  
Oklahoma Veterans) President: Devon Brotherton

**8:45 AM – 10:15 AM    (Saturday) BREAK OUT SESSIONS**

**“Counseling Family Members of a Combat Veterans and Living with War Brought Home” – Family members/children of combat veterans face unique challenges; temporary single parent homes, separation anxiety, the “new” life with a veteran upon their return. This presentation will identify family/children needs, signs of distress, and resources for intervention and include a panel of family members of combat veterans.**

Presenter: Cynde Collins-Clark, LPC

*Location: Quarter Horse Room 1.5 CEU*

**“Burnout Prevention: Why Counselors and Supervisors Must Model Wellness”.** This program will address how counselors and clinical supervisors must recognize and prevent burnout. Participants will learn the warning signs, symptoms, and risk factors of burnout. Assessments and appropriate prevention and intervention strategies, including use of The Wellness Wheel, will be presented.

**(TBC) \*\*\*Supervision or Ethics, not both**

Presenter: Kimberly Donovan, PhD, LPC, NCC, ACS, Associate Professor SEOSU

*Location: Morgan Horse Room 1.5 CEU*

**“Understanding the Development of Counselors-In-Training: A Student’s Perspective” – Counselors-In-Training (CITs) experience many profound changes while working to develop their professional identity, theoretical orientation, and clinical skills. This session will discuss theory and research on CIT development. A panel of CITs will lead a discussion on development from the student’s perspective.**

Presenter: Kelly Dunbar, PhD, LPC, NCC + students

*Location: Palomino Room 1.5 CEU*

**“Childhood Observers of Domestic Violence”**

**Childhood observers are affected by violence in the home. Children who witness abuse can develop post traumatic stress, depression, and anxiety. These responses not only can affect their ability to function in school, but can also follow a child into adulthood.**

Presenter: Ken Elliott ,Med., LMFT, CCDVC

Location: Appaloosa Room 1.5 CEU

**10:15 AM – 10:30 AM BREAK**

VISIT THE EXHIBITS – Atrium

Vote for President Elect-Elect & OCA Treasurer

**10:30 AM – 12:00 PM (Saturday) BREAK OUT SESSIONS**

### **“Complementary Medicine Approaches for Military/Veterans**

**Our presentation will include: 1.) Yoga Warriors, an evidence-based, sensory enhanced Hatha yoga methodology for alleviating symptoms of combat stress (COSR) and PTSD. 2.) An experiential presentation of Healing Touch as used in a Pilot Project at Oklahoma VAs for veterans with PTSD.**

Presenters: Connie Jung Fox, PhD, LPC &

Terry Sparks JD,M.DIV, BCC, CHIP/I, Staff Chaplain OKC VA Medical Center

1.5 CEU

Location: Quarter Horse Room

### **“Personal & Social Characteristics and Health”**

**Maddi and Kobasa’s research began in the late 1970’s as the Bell Telephone system was forced to break up to avoid monopolizing charges by the US government. Kobasa noticed that some employees demonstrated a “hardiness” personality trait or attitude despite the drastic changes occurring in their careers. Commitment, control, and change were the major concepts revealed by Kobasa’s research. People with a hardiness personality trait or attitude viewed change not as a threat, but as an opportunity to grow! This presentation will explore “hardiness” optimism, and resiliency. Various questionnaires and scales will be handed out and discussed for audience participation.**

Presenter: Karen Linstrum, PhD, LPC, CRC; Kristen Bell

Location: Palomino Room 1.5 CEU

**“Burnout Prevention: Why Counselors and Supervisors Must Model Wellness”.** \*\*\*Supervision or Ethics not both

Presenter: Kimberly Donovan, PhD, LPC, NCC, ACS, Associate Professor SEOSU

Location: Morgan Horse Room 1.5 CEU

**“Counseling with the Bilingual Student”** This presentation will assist the counselor who works with Bilingual Latina/Latino Students. Applicable suggestions and demonstrations will be given to enhance counseling objectives. Guidelines to help the counselor meet the needs of bilingual students will be presented.

Presenters: Laressa Beliele, LPC, Professor UCO; & Graduate students; Delvi Santizo & Claudia Rivas

Location: Palomino Room 1.5 CEU

12:00 PM– 1:00 PM **LUNCH ON YOUR OWN**

VISIT THE EXHIBITS  
Atrium

Vote for OCA President Elect-Elect & OCA Treasurer

**Voting will close at 12:30 PM**

1:00 PM ELECTION RESULTS

Announcement of election results, and any other business, will be made at the beginning of the 1:00 pm Break Out Sessions.

1:00 PM – 2:30 PM (Saturday) BREAK OUT SESSIONS

**“Drug Recognition and Education”**

**Provides individuals information on how to recognize illegal and commonly abused prescription drugs, drug paraphernalia and associated items, possible signs that an individual is under the influence of a drug, and emerging drug trends. An overview of testing procedures may be reviewed time permitting. (TBC)**

Presenters: Sean P. Byrne, Executive Director of United Way & Teresa L. Byrne, Graduate Student in Counseling

Location: Quarter Horse Room 1.5 CEU

**“Addressing Client Spirituality in Secular-Settings”**

**Spirituality can be an important element for clients and clinicians. The process of engaging spirituality in counseling, monitoring this process for the clinician and client, and concerns about proper utilization of**

**religious spiritual language and concepts is covered in this workshop.  
(TBC)**

Presenters: Thom D. Balmer PhD, LPC, LMFT & Denise Balmer, MA, Hospital Chaplain

**Location: Morgan Horse Room**

**\*\*\*Ethics**

*1.5 CEU*

## **“A Spotlight on School Counselor Interventions! It’s Not Just About School Schedules”**

**What is it that school counselors actually do when the  
“Do not disturb” sign is out? Based upon a recent Oklahoma State wide  
Study, participants will gain a better understanding about the life  
saving interventions that school counselors perform on a regular basis.**

Presenters: Wendy Joseph, M.Ed.; Sheila Stinnett, MA, LPC Ken Elliott, M.Ed., LMFT, CCDVC

**Location: Appaloosa Room** *1.5 CEU*

*Session # 4 TBA*

**2:30 PM – 2:45 PM                      BREAK**

**2:45 PM – 4:15 PM      (Saturday)                      BREAK OUT SESSIONS**

## **“Drug Recognition and Education” (Continued)**

**Presenters:** Sean P. Byrne, Executive Director United Way &  
Teresa L. Byrne, Graduate student in Counseling

**Location: Quarter Horse Room** *1.5 CEU*

## **“Addressing Client Spirituality in Secular- Settings” (Continued)\*\*\*Ethics**

**Presenters** –Thom D. Balmer, PhD, LPC, LMFT &  
Denise Balmer, MA, Hospital Chaplain

**Location: Morgan Horse Room** *1.5 CEU*

## **“Practical Interactive Goal Oriented Group Activities”**

**Individuals will be given the opportunity to participate in a variety of  
goal oriented group activities. Attendees will leave this workshop with  
several group activities that can be used by school counselors,  
addiction counselors and mental health counselors.**

**Presenter:** Sherry Bynum, LPC, LADC, ICAADC, NCGC-II

**Location: Appalossa Horse Room**