



Registration Form

Name _____ Degree _____

Professional Lic & Lic # _____

Bus Mail Address _____

City _____

State _____ Zip _____

Bus Phone _____

Cell _____

Email _____

List 3 Clinical Specialties _____

Payment Information

Part 1-\$US500 Postmarked by August 19, 2011
Part 2-\$US500 Postmarked by November 11, 2011
\$US570 Thereafter

Cancellation/Refund: Tuition refundable up to 21 days prior to workshop date less a processing fee of \$60. No refunds thereafter.

Registration fee does not include consultation-participants must contact EMDR Institute Facilitators directly-fees will vary.

Please send or fax registration form and payment to:

EMDR Institute
PO Box 750
Watsonville CA 95077 Fax: 831-761-1204

Credit Card Information:

AMEX MasterCard VISA Discovery

CC# _____

Expiration Date _____

EMDR BASIC TRAINING PARTS 1 & 2

EDMOND, OK-Part 1-September 9-11; Part 2-December 2-4, 2011



Oklahoma Counseling
Association
&
The EMDR Institute Inc
Present

EMDR BASIC TRAINING
(A Two Part Course)
Presenter
Nancy Errebo, PhD

EDMOND, OK
Part 1-September 9-11, 2011
Part 2-December 2-4, 2011

40 CE Credits

20 for Part 1 & 20 for Part 2

EMDR Institute maintains responsibility for this program and its contents

Please note: Registration for the OK Basic Training can be completed by mailing the form to the EMDR Institute, by fax (831-761-1204) or by phone (831-761-1040).

There is no online registration.

For further information about EMDR & to purchase EMDR books visit www.emdr.com
EMDR Institute Inc · PO Box 750 ·
Watsonville CA 95077
831-761-1040

For information about CEs for OK LPC & LMFT contact the OCA
Attn: Connie Fox, PhD
connie@cjfoxphd.com
405-473-3453

EMDR BASIC TRAINING-PART 1 & 2

The EMDR Basic Training (Part 1 & 2) is designed for licensed mental health practitioners who treat adults and children in a clinical setting. EMDR is a comprehensive psychotherapy that accelerates the treatment of a wide range of pathologies and self-esteem issues related to disturbing events and present life conditions. This interactional, standardized approach has been empirically tested in over 20 randomized controlled studies with trauma patients, and hundreds of published case reports evaluating a considerable range of presenting complaints, including depression, anxiety, phobias, grief, somatic conditions and addictions. EMDR is guided by the Adaptive Information Processing model which addresses the unprocessed memories that appear to set the basis for a wide range of dysfunction. A number of neurophysiological studies have documented the rapid post treatment EMDR effects.

This experiential training will familiarize participants with a broad spectrum of EMDR applications sufficient for comfortable and efficient use with a wide range of patients and situations. Special attention will be given to the therapeutic needs of clients. Required reading: *Eye Movement Desensitization and Reprocessing: Basic Principles, Protocols and Procedures* Guilford Press, NY, 2nd Edition, 2001.

WORKSHOP OBJECTIVES

Part 1

- 1-Identify 3 components of the EMDR Approach designed to provide effective treatment with clients
- 2-Describe 3 important existing EMDR research studies
- 3-Name the 8 phases of EMDR for comprehensive treatment & how to implement the phases with clients
- 4-Identify the parameters treatable with EMDR to safely and effectively implement EMDR with clients
- 5-Describe 3 aspects of the AIP model for effective case conceptualization and treatment planning
- 6-List 6 types of client complaints treatable with EMDR
- 7-Describe criteria for client selection & how to apply to client cases
- 8-Describe 3 safety measures for effective and safe use of EMDR

Part 2

- 1-Describe 3 strategies to identify and resolve problem areas in the utilization of EMDR
- 2-Describe protocol for closing incomplete sessions
- 3-Describe 3 resources to use with difficult or resistant clients
- 4-Describe a treatment plan to choose and prioritize targets appropriate for EMDR treatment
- 5-Describe 2 strategies for dealing with highly emotional responses
- 6-Describe 2 strategies for dealing with dissociative symptoms & phobias
- 7-Describe 2 strategies to effectively treat more complex trauma-related disorders

WORKSHOP AGENDA

**Part 1-Friday, Saturday & Sunday
September 9-11, 2011**

**Part 2-Friday, Saturday & Sunday
December 2-4, 2011**

8:30am-5:00pm Workshop

12:00-1:00pm Lunch Break

(Lunch on own)

WORKSHOP LOCATION

The University of Central Oklahoma
Education Building
100 N University Dr Rm 102
Edmond, OK 73034

This workshop is held in facilities in accordance with the Americans with Disabilities Act. Please notify Lea Ann Garcia lgarcia6@uco.edu if special accommodations are required.

CONTINUING EDUCATION

40 CE Credits (20/training)

APA: EMDR Institute is approved by the American Psychological Association to offer continuing education for psychologists. EMDR Institute maintains responsibility for this program and its contents.

NBCC: EMDR Institute is an approved provider through the National Board of Certified Counselors: NBCC Provider #5558.

SW: EMDR Institute, is approved for SW CE by the Assoc of SW Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. EMDR Institute maintains responsibility for this program and its contents

RN: EMDR Institute is a provider (#9755) approved by the CA Board of Registered Nursing. 20 contact hours/training.

OCA LPC & LMFT: Approved for 20 contact hours/training.

- Attendance at the entire workshop is required to receive credit. No partial credit given.
- Friday attendance is required for admittance to Saturday and Sunday sessions.
- Current research is limited to the application of EMDR to trauma-related disorders.
- A CE certificate for 20 credits will be issued after completion of each weekend training.
- **A certificate of completion will be issued upon completion of Part 1 & 2 plus verification of 10 hours of consultation.**

NANCY ERREBO, PHD



Nancy Errebo, PsyD, is a psychologist at the Vet Center in Missoula, Montana, and also maintains a private practice. She trains therapists internationally in the EMDR methodology and contributed the section on working with military clients and their families in the EMDR Institute Part 2 Training Manual. She is author of "Like a Ghost: Using EMDR to Revive a Traumatized Vet's Marriage" in the *Psychotherapy Networker* and coauthor of "EMDR and Emotionally Focused Couple Therapy for War Veteran Couples" in *The Handbook of EMDR and Family Therapy Processes*. She was the 2008 EMDRIA Conference recipient of the Elizabeth Snyder Award for Outstanding Service as a Volunteer for EMDR Humanitarian Assistance Programs. She has been integrating EMDR treatment with clients for approximately 20 years.

QUALIFICATIONS FOR ATTENDING

A clinical background is necessary for the effective application of EMDR. Attendance at the workshop is limited to all levels of social workers and mental health professionals who have a masters degree or higher in the mental health field and are licensed or certified through a state or national board which authorizes independent practice.

Intern/Graduate Student Requirements: Completion of graduate level coursework at an accredited school and be on a licensing track under state sanctioned supervision by a licensed clinician. Please submit a current supervisor's letter with his/her degree and license number.

Participants at this reduced fee training are required to sign up for "Give an Hour" www.giveanhour.org for 1 year.

CASE CONSULTATION

- 10 hours of case consultation are required to complete the EMDR Basic Training
- 5 hours required prior to attending Part 2 and 5 hours post Part 2
- A list of EMDR Institute Approved Consultants will be given at each training
- Workshop fees do not include fees for case consultation