



# 2022 OCA Fall Conference

**Day 1: Thursday, October 20, 2022**

**8:45 AM ----- Welcome & Announcements:**

**Dnaydavina James, OCA President**

**9:00 AM – 10:00 AM**

1.00 CEUs

**Conference Room D:**

**“Professional Licensure Legislation Updates”**

Linda & Georgene will report on the latest legislative issues concerning the counseling profession.

**Presenter: Linda Murphey, OCA Lobbyist, Georgene Dwyer, LPC, OCA Government Relations Chair**

## **Break-Out Sessions 10:15 AM – 11:45 AM 1.5 CEUs**

### **Conference Room B:**

#### **“Interactive Goal Oriented Activities”**

This will be a goal oriented interactive presentation. Participants will be invited to interact. Individuals will leave with ideas that can be used in the venue in which one serves.

Presenters: Sherry Bynum LPC, LADC & Carol Papin, LPC, LADC

### **Conference Room D**

#### **“Domestic Violence 101: Dynamics of Abuse, Assessing for Violence, Barriers to Leaving & Community Resources”**

Participants will learn how better to recognize the signs of intimate partner violence, patterns of coercive control, identify lethality indicators and the escalation of violence. We will explore the decision-making process many survivors face as they prepare to separate from an abusive partner as well as barriers to leaving. We will discuss available resources and how to provide support.

Presenter: Danielle Lynch, LPC

### **Conference Room @ Oakerhater Lodge Basement**

#### **“Co-Parenting – A Life-Long Job”**

We will be looking at what co-parenting is. How to engage parents. Why is it life long? And Effecting of Co-Parenting om a child’s future relationships.

Presenter: Renea Arredondo, LPC

### **Conference Room A**

**Ethics**

#### **“Abuse of Power: When the Healer Becomes the Abuser”**

The issue of abuse of power in the counseling setting will be explored. Using first-hand experience and outside data, the presentation will explain why inappropriate relationships between therapists/clients are always considered abuse and how one can heal from such an egregious betrayal

Presenter: Amy Nordhues, BA in Psychology & Lori O’Malley, LPC

## ***12:00-1:00 - Lunch: St. Crispin’s Dining Hall***

### ***1:00-1:30 Region Meetings***

*(Region Presidents need to choose where they want to meet)*

## **Break-Out Session 1:30 PM – 3:00 PM** 1.5 CEUs

### **Basement Conference Room @ Oakerhater Lodge**

#### **“Medical Model of Addiction”**

We will explore the brain and various regions which are interconnected with one another, forming networks that are responsible for specific functions. Drugs can alter important brain areas which are necessary for healthy interpersonal & intrapersonal connections, life-sustaining functions, and can drive the compulsive drug use that marks addiction. Come learn about the disease of addiction.

**Presenter: Apollo Gonzalez MS, LPC, LADC/Mh**

### **Conference Room A**

#### **“Identifying Eating Disorders”**

In this interactive workshop participants will learn about many myths surrounding eating disorders and those who suffer from them. We'll explore the variations among eating disorder types including newly identified labels like orthorexia and muscle dysmorphia. You'll leave with a new understanding of eating disorders, be able to identify them in clients and provide therapeutic assistance

**Presenter Lori O/Malley, LPC**

### **Conference Room B**

#### **“OCES”**

The Over cross that aids you from where you are to where you desire to be”

**Presenter: Kimberly Whayne & Equine Services, LLC**

### **Conference Room D**

#### **“A Conversation with Ray Quiett: Words of Wisdom for the Counseling Profession”**

*This conversation and interview with Ray are to be believed to be the last interview prior to his passing, where he shares his concerns, hopes, memories and upcoming friends for the counseling profession.*

**Presenter: Richard Yahola, LPC**

## **Break-Out Sessions**

**3:00 PM-4:30 PM**

1.5 CEUs

### **Conference Room Oakerhater Lodge Basement**

**Ethics**

#### **“Navigating Ethical Issues in Group Counseling”**

Navigating Ethical Issues in Group Counseling Type a synopsis of the program (limit 45 words). This will be published in the conference program. Navigating ethical issues can be challenging for professional counselors engaging in group counseling. This presentation will discuss the unique ethical issues that present in group counseling, contrast those with common ethical issues in individual counseling, and discuss ethical decisionmaking mod

**Presenter: Leigh Kirby**

### **Conference Room A**

#### **“Permission to Pause”**

This workshop invites attendees to build their own self-care plans. Additionally, attendees will receive self-assessment resources to provide a structured way too check in with ourselves and to identify when we are approaching compassion fatigue, burnout and stress to improve our professional quality of life.

**Presenter: Kaitlynn Wilkinson, MSW**

### **Conference Room D**

#### **“A Holistic Approach to Wellness: Blending Mental Health Counseling and Energy Healing”**

A discussion of how integrative modalities can be a useful tool to add to your practice. We will look at how “Healing Touch” is used and research studies that add validity.

**Presenter: Georgene Dwyer, LPC, NCC, CHTP**

4:30 PM – 5:30 PM

### **Conference Room D - OCA Board of Directors meeting**

### **Dinner on your own:**

### **8:00 PM: Oakerhater Lobby-----OCA Networking**

Everyone meets in the Lobby and share experiences with President James.



# 2022 OCA Fall Conference

**Day 2: Friday, October 21, 2022**

Registration begins: 8:30 AM

8:45: Welcome: Dnaydavina James, OCA President

9:00 AM-12:00 PM Conference Room D

**Keynote:**

3.00 CEUs (Ethics or Supervision)

## **“How to Stay Out of Court and What to Do if You Can’t”**

Going to court as a mental health professional is not for the fainthearted. What do I do if I receive a subpoena? What if I’m on the witness stand under oath and the “whole truth” would increase the depression I have been helping my client to decrease? What do I do if a court orders me to do something that my license prohibits? These are but a few of the questions that this informative presentation will help you to answer.

Goals:

- Develop strategies to minimize the risk of being called to court.
- Understand what the law says about a therapist giving testimony.
- Know what to do when you are served a subpoena.
- Reduce the risk of an ethics complaint when a therapy case turns into a forensic case.

Presenter: William B. Berman, PHD, LMFT

**12:00 PM – 1:00 PM Lunch @ the Dining Hall**

**1:00 – 1:30 Division Meetings (Presidents choose location for meeting.)**

**1:30 – 4:30 PM**

**3.00 CEUs (Ethics or Supervision)**

**Conference Room D:**

**“State Board of Behavioral Health Licensure Updates”**

This session will focus on issues facing the State Board of Behavioral Health Licensure. Content will include an update on the rules and regulations, complaints, and board meetings. This interactive session will provide participants with real scenarios and rule interaction.

**Presenters: BBHL Board Members: Johnie Fredman, PsyD, LPC, NCC, Laressa Beliele, PhD, LPC, Kelly Collins, PhD, LPC, and Amy Barnett, PhD, LPC**

---

### **Dates to remember:**



**December 2, 2022: OKMHCA More info: <https://www.okmhca.org>**

**March 30-April 2, 2023 ACA Conference in Toronto, Ontario**

**April 21, 2022 OCA Spring Conference, Gordon Cooper Technology Center, Shawnee, OK.**

### **Mealtimes are as follows:**

**8AM Breakfast for those staying overnight.**

**12:00 Lunch for all participants in St. Crispin’s Dining Hall.**

**Dinner on your own.-----There are numerous Restaurants in Wewoka and Seminole for you to have dinner. Get a group together and enjoy!!!**

### **Attention overnight guests:**

**•Check Out of sleeping rooms on Friday morning is by 9:00 AM. (If this is not possible, please notify Marilyn Kincade.**

**•Guest, please put any used towels on the floor of the bathrooms.**

**•Strip your sheets (sheets only, not comforters please) and put in the pillowcase outside the door.**