



## ***Oklahoma Counseling Association***

### **Spring Conference 2023**

Gordon Cooper Technology Center-Shawnee, Oklahoma

April 14, 2023

## **This conference is free to OCA Members**

**Friday: April 14, 2023**

**8:15 AM Registration**

**8:50 AM Welcome & Introductions**

**9:00AM -12:00 Noon – Morning Session:**

**3 CEU**

### **“Personality Assessment Using the DISC: A Comparison of Three Personality Tools”**

We learn about many tools for assessing personality, including the MMPI, Myers-Briggs, etc. After being introduced to the DISC a few years ago, I have found it to be much more psychometrically sound and clinically valuable than many of these other assessment tools. This presentation will introduce the DISC and explore key differences between it and some other common personality measurement tools, specifically the Myers-Briggs Type Indicator (MBIT) and the Enneagram.

**Presenter: Johnie D. Fredman, PsyD, LPC**

**12:00 Noon – 1:30 PM Lunch on your own.**

**1:30 PM – 4:30 PM – Afternoon Session:**

**3 CEU Supervision or Ethics**

### **“A Multicultural & Relational Approach to the Role of Culture in Counseling and Supervision Through a Relational Lens”**

Participants will discuss the intersections of their own cultural identities as well as ways to practice ethical cultural humility in the process of counseling and supervision. Presenters will also provide opportunities to discuss and apply best practices in ethical multicultural counseling via case studies and experiential learning activities.

**Presenters: Paul James, MS, LPC & Lisa Schoelen, MS, LPC**